

# DeakinACTIVE

## Waurn Ponds Group Fitness Schedule

DAY	TIME	CLASS TYPE	WHERE
Thurs July 14th	10-10.45am	Bootcamp	DeakinACTIVE Waurn Ponds
Thurs July 21st	10-10.45am	Bootcamp	DeakinACTIVE Waurn Ponds
Thurs July 28th	10-10.45am	Bootcamp	DeakinACTIVE Waurn Ponds
Thurs August 4th	10-10.45am	Bootcamp	DeakinACTIVE Waurn Ponds
Thurs August 11th	10-10.45am	Bootcamp	DeakinACTIVE Waurn Ponds
Thurs August 18th	10-10.45am	Bootcamp	DeakinACTIVE Waurn Ponds
Thurs August 25th	10-10.45am	Bootcamp	DeakinACTIVE Waurn Ponds
Thurs September 1st	10-10.45am	Bootcamp	DeakinACTIVE Waurn Ponds
Thurs September 8th	10-10.45am	Bootcamp	DeakinACTIVE Waurn Ponds
Thurs September 15th	10-10.45am	Bootcamp	DeakinACTIVE Waurn Ponds
Thurs September 22nd	10-10.45am	Bootcamp	DeakinACTIVE Waurn Ponds
Thurs September 29th	10-10.45am	Bootcamp	DeakinACTIVE Waurn Ponds
Thurs October 6th	10-10.45am	Bootcamp	DeakinACTIVE Waurn Ponds

## Waurn Ponds Come & Try Sessions

DAY	TIME	COME & TRY	WHERE
Tues July 5th	4.00pm-5.00pm	Netball	Indoor Stadium
Tues July 12th	4.00pm-5.00pm	Volleyball	Indoor Stadium
Tues July 19th	4.00pm-5.00pm	Hockey	TBC
Tues July 26th	4.00pm-5.00pm	Cricket	Soccer Pitch (meet at DeakinACTIVE)
Tues August 2nd	4.00pm-5.00pm	3x3 Basketball	Indoor Stadium
Wed August 10th	4.00pm-5.00pm	Wheelchair Basketball	Indoor Stadium
Tues August 23rd	5.00pm – 6.00pm	Dodgeball	Indoor Stadium
Tues August 30th	5.00pm – 6.00pm	Badminton	Indoor Stadium
Tues September 6th	5.00pm – 6.00pm	Squash	Indoor Stadium
Tues September 13th	5.00pm – 6.00pm	Futsal	Indoor Stadium
Tues September 20th	5.00pm – 6.00pm	Volleyball	Indoor Stadium
Tues September 27th	5.00pm – 6.00pm	Touch Rugby	Indoor Stadium

Indoor Stadium, Building DA

Outdoor Soccer Field, Elite Sporting Precinct

\*Come & Try Sessions for 16th August – 4th October (to be confirmed)