

# DeakinACTIVE

## Burwood Group Fitness Schedule

DAY	TIME	CLASS TYPE	WHERE
Thurs March 17th	12.15pm-1.00pm	Boxing	MPC
Thurs March 24th	12.15pm-1.00pm	HIIT	MPC
Thurs March 31st	12.15pm-1.00pm	Yoga	MPC
Thurs April 7th	12.15pm-1.00pm	Boxing	MPC
Thurs April 14th	12.15pm-1.00pm	HIIT	MPC
Thurs April 28th	12.15pm-1.00pm	Yoga	MPC
Thurs May 5th	12.15pm-1.00pm	Boxing	MPC
Thurs May 12th	12.15pm-1.00pm	HIIT	MPC
Thurs May 19th	12.15pm-1.00pm	Yoga	MPC
Thurs May 26th	12.15pm-1.00pm	Boxing	MPC

MPC = Outdoor Multi Purpose Court, next to Building LC

## Burwood Come & Try Sessions

DAY	TIME	COME & TRY	WHERE
Tues March 8th	4.00pm	Basketball	Indoor Stadium
Tues March 15th	4.00pm	Dodgeball	Indoor Stadium
Tues March 22nd	4.00pm	AFL9s	Indoor Stadium
Tues March 29th	4.00pm	Ultimate Frisbee	Outdoor Oval
Tues April 5th	4.00pm	Volleyball	Indoor Stadium
Tues April 12th	4.00pm	Handball	Indoor Stadium
Tues April 26th	4.00pm	Badminton	Indoor Stadium
Tues May 3rd	4.00pm	Hockey	Indoor Stadium
Tues May 10th	4.00pm	Netball	Indoor Stadium
Tues May 17th	4.00pm	Indoor Cricket	Indoor Stadium
Tues May 24th	4.00pm	Futsal	Indoor Stadium

Indoor Stadium, Building HB

Outdoor Oval, opposite Building U